Sink Requirements

.2800 Child Care Sanitation Rules





(15) "Lavatory" means a sink that is equipped with hot and cold water under pressure for the primary purpose of handwashing

Employees shall wash hands: upon reporting for work;

before and after handling food; before bottle feeding or serving to other children; before handling clean utensils or equipment; after toileting or handling of body fluids (e.g., saliva, nasal secretions, vomitus, feces, urine, blood, secretions from sores, pustulant discharge); after diaper changing; after handling soiled items such as garbage, mops, cloths and clothing; after being outdoors; after handling animals or animal cages; and after removing disposable gloves. The use of hand sanitizing products does not replace the requirement for handwashing. However, except for diapering, food preparation, and food service, hand sanitizing products may be used in lieu of handwashing while an employee is supervising children outdoors if hands are washed upon returning indoors.

Children shall wash hands upon arrival at the child care center; after each diaper change or visit to the toilet; before eating meals or snacks; before and after water play; after outdoor activity; and after handling animals or animal cages. Except for diapering and before eating meals or snacks, hand sanitizing products may be used in lieu of handwashing while children are outdoors if hands are washed upon returning indoors.

15A NCAC 18A .2818 LAVATORIES

- (a) In child care centers, lavatories shall be easily cleanable, in good repair, and kept free of storage. Lavatories shall be mounted at an appropriate height to accommodate the children, or otherwise made accessible. Any lavatory may be used for handwashing as specified in 15A NCAC 18A .2803, except for flush-rimmed sinks and those with an attached operable drinking fountain.
- (b) Lavatories shall be equipped with hot and cold water or tempered water provided through mixing faucets or pre-mixing devices which provide water in the temperature range specified in Rule .2815(e) of this Section.
- (c) Lavatories shall be cleaned and disinfected with each change of use, as needed and at least daily. A disinfecting solution as set out in 15A NCAC 18A .2801(7) shall be used for this purpose.

Diaper Changing Area

15A NCAC 18A .2819 DIAPERING AND DIAPER CHANGING FACILITIES

(a) In child care centers, children in diapers shall be changed at **stations designated** for **diapering or toileting**. Each diaper changing station shall include a handwash lavatory.

*For centers licensed for fewer than 13 children <u>and</u> located in a residence and for diaper changing areas designated for school age children, a handwash lavatory shall be <u>in or next to</u> a diaper changing area.

(b) Diapering surfaces shall be smooth, intact, nonabsorbent, easily cleanable and shall be approved by the Department. Nothing shall be placed on the diapering surface except for those items required for diapering.

Marking Lavatory Use

#24. Reference .2819(a) Each diaper changing station shall include a hand wash lavatory.

The intent of this rule is that the hand wash lavatory is part of the diaper changing area, not located across the room or in an area that cannot be immediately accessed.

When a lavatory is needed for washing hands when entering the room from the playground or prior to eating a meal or snack, or after using the restroom, etc., **IF** there is not a sink specifically for this purpose then the diaper sink can be used AFTER a change of use.

Food Preparation Areas

.2806(b) Food items, that are stored in classrooms or other rooms intended for child care use, shall be limited to those food items which are individually packaged unless the classroom is equipped with a food preparation area. Provisions shall be made to store and protect these food items from all potential sources of contamination and other nonfood items stored in the classroom.

.2810(b) A separate lavatory for handwashing is required in food preparation areas. If the dishwashing area is separate from the food preparation area, an additional lavatory shall be required.

Food Preparation Areas

(f) If food is prepared in a classroom, a food preparation area shall be provided. Water from a handwash lavatory shall not be used to prepare formula, mix dry cereals, or other foods. Toy cleaning and sanitizing may also be conducted in this food preparation area. This food preparation area shall contain an easily cleanable countertop and a lavatory and, when needed, adequate refrigeration.

The food preparation counters, bottle warming equipment if used, food and food contact surfaces shall be out of reach of children and the following shall apply:

- (1) all equipment shall be cleaned at least daily. Warming equipment shall be cleaned and sanitized as required in Rule .2812 of this Section;
- (2) after each use, all multi-service articles provided by the center shall be cleaned and sanitized in the child care center kitchen;
- (3) single-service articles shall be handled as required in Rule .2814 of this Section; and
- (4) counter, shelf or cabinet space shall be provided for food storage. Food supplies shall be stored in accordance with Rule .2806 of this Section.

Marking Lavatory Use

#8. Reference .2810(b) a separate lavatory is required in Food Preparation areas.

This sink is for HAND WASHING prior to preparing food/bottle. It is NOT for obtaining water to prepare the bottles. This water should come from the kitchen or bottled water. This sink can be used to wash toys AFTER a change of use. This sink is not intended to be used for a hand wash sink after changing a diaper., hence the rule requiring a SEPARATE lavatory for food preparation.

Define "Change of Use"

Change of Use: is defined as using a handwash lavatory for purposes other than its original intent. Children washing their hands in a classroom lavatory after toileting or outside play does not constitute change of use because that sink is still ultimately used and intended for handwashing by the children. 2818(c) states that lavatories shall be cleaned and disinfected with each change of use, as needed and at least daily.

Examples of "Change of Use"

- Food Prep hand wash lavatory in food prep area
 - COU toy cleaning
 - COU rinsing of toothbrushes by operator
- Regular classroom handwash lavatory
 - COU used to rinse toothbrushes by children
 - COU used to clean paint brushes
 - COU used to meet sink requirement for diaper changing

Sink Usage Question:

- If a room has one sink can it be used for handwashing after bathroom use and before eating without a change of use?
- Yes if this is the regular handwash sink for children then regular handwashing required for children is not considered a change of use.

Sink Usage Questions

Sink Usage: Question:

- If a room has one general classroom handwash lavatory can it be used to fill water bottles, fill sippy cups, make formula, wash or rinse bottles/sippy cups?
 - No! Water from a handwash lavatory shall not be used for drinking or consumption. Nor shall it be used to wash, rinse or sanitize utensils or multiservice items.
- If a room has a food prep handwash lavatory in a food prep area can that sink be used to fill water bottles, fill sippy cups, make formula, wash or rinse bottles/sippy cups?
 - No! Water from a handwash lavatory shall not be used for drinking or consumption. Nor shall it be used to wash, rinse or sanitize utensils or multiservice items.
- If a room has multiple general classroom handwash lavatories can one be designated and labeled to be used to fill water bottles, fill sippy cups, make formula, wash or rinse bottles/sippy cups?
 - No! Water from a handwash lavatory shall not be used for drinking or consumption. Nor shall it be used to wash, rinse or sanitize utensils or multiservice items.
- If a room has a food preparation area that includes a handwash lavatory can an additional sink be added in that area to be used to fill water bottles, fill sippy cups, make formula, wash or rinse bottles/sippy cups?
 - Yes to fill water bottles, mix formula (food prep sink not a handwash lavatory)
 - No to washing, rinsing or sanitizing of utensils or multi-service items.

Marking Lavatory Use

#21. Reference .2818(c) Laboratory shall be cleaned and disinfected with each change of use.

Remember that a change of use is based on changing the intent of the use of the sink. For example: a sink that is intended for washing hands prior to preparing food/bottles is <u>not</u> intended for washing toys or toothbrush holders, therefore a change of use is required. This Change of Use includes allowing the proper contact required by the manufacturer of the disinfectant.

Procedure: Clean and Disinfect prior to the change

Clean and Disinfect after the change of use occurs

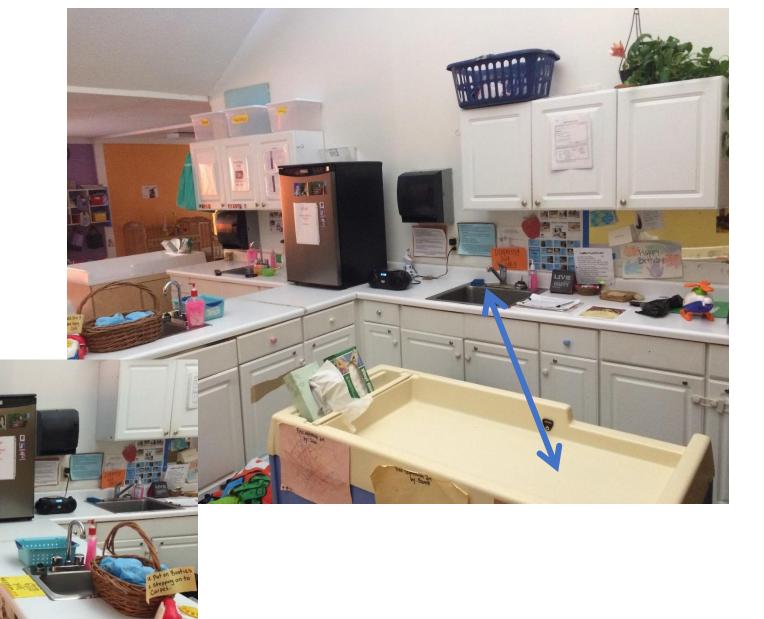
(think of it as converting it back to it's original intent)

Diaper Changing- Any issues?

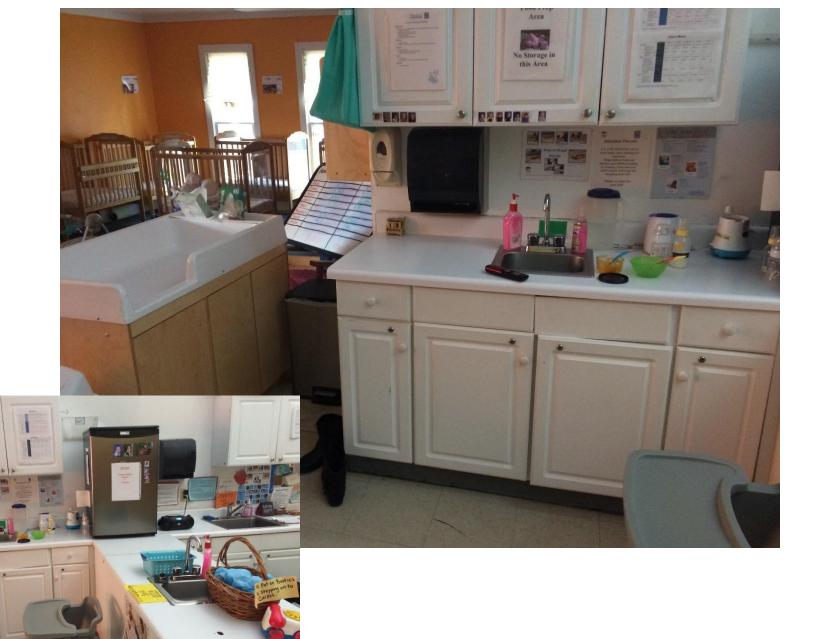


Diaper Changing —Any issues?



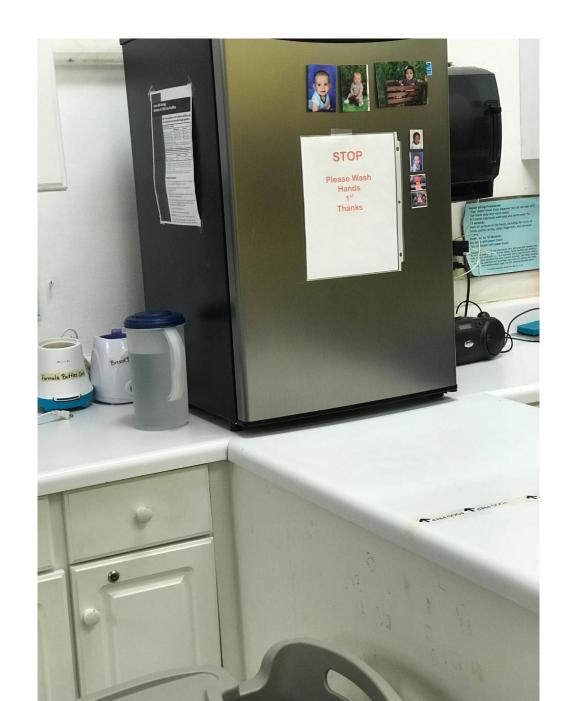


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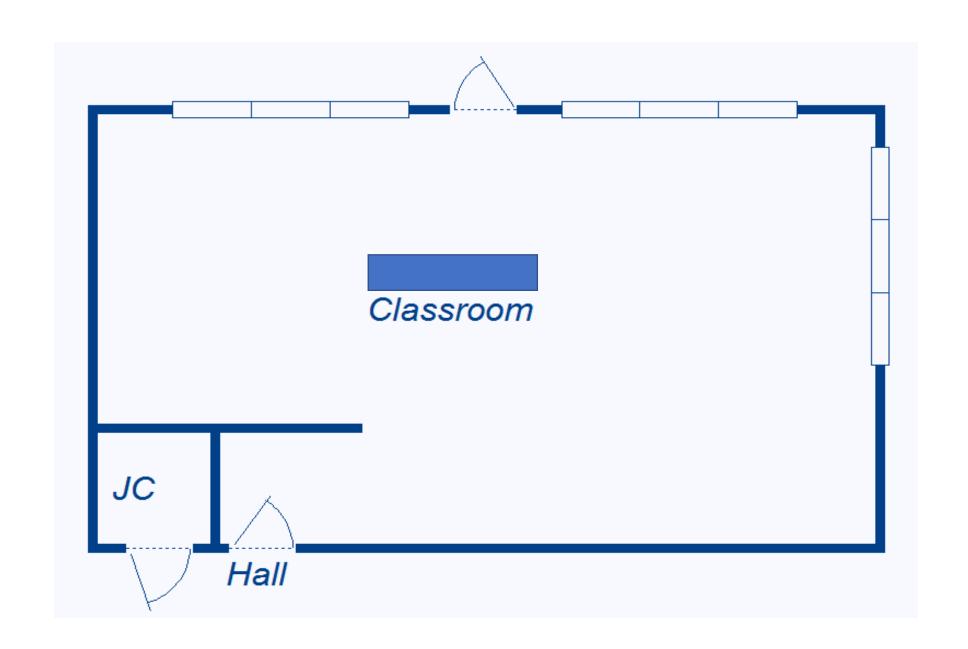


Food Prep Area No Storage in this Area

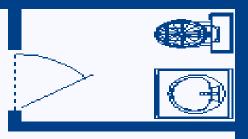
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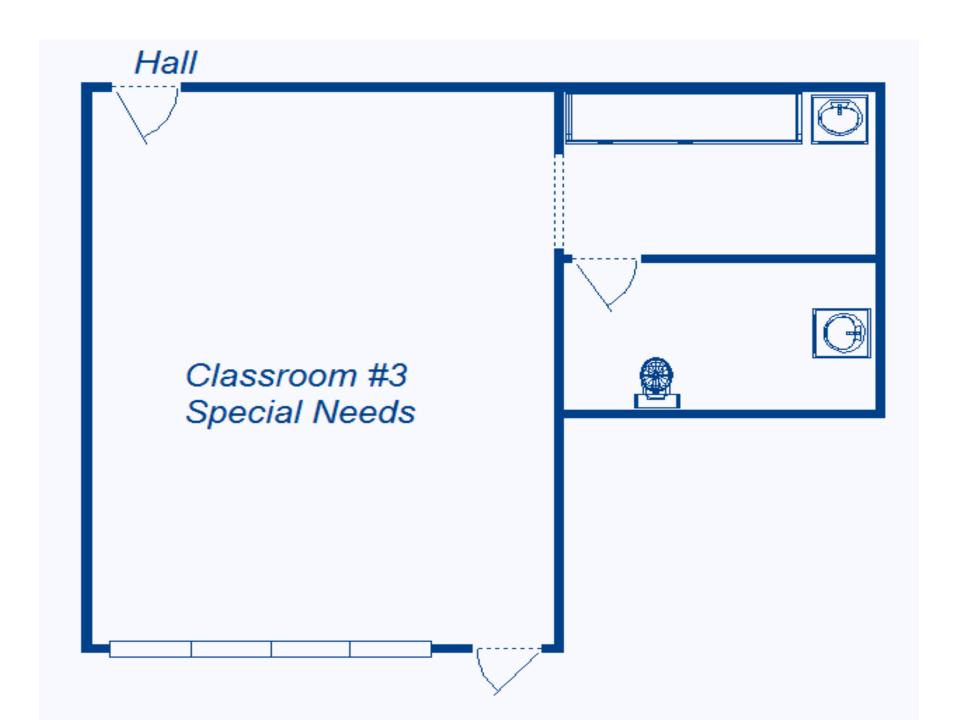
Pre-K #1 Classroom

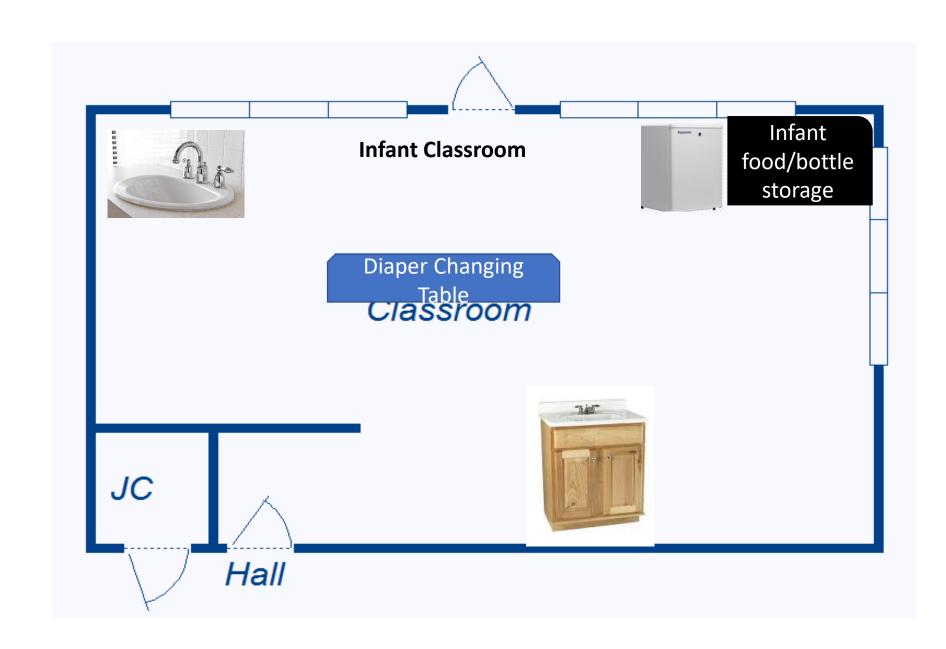


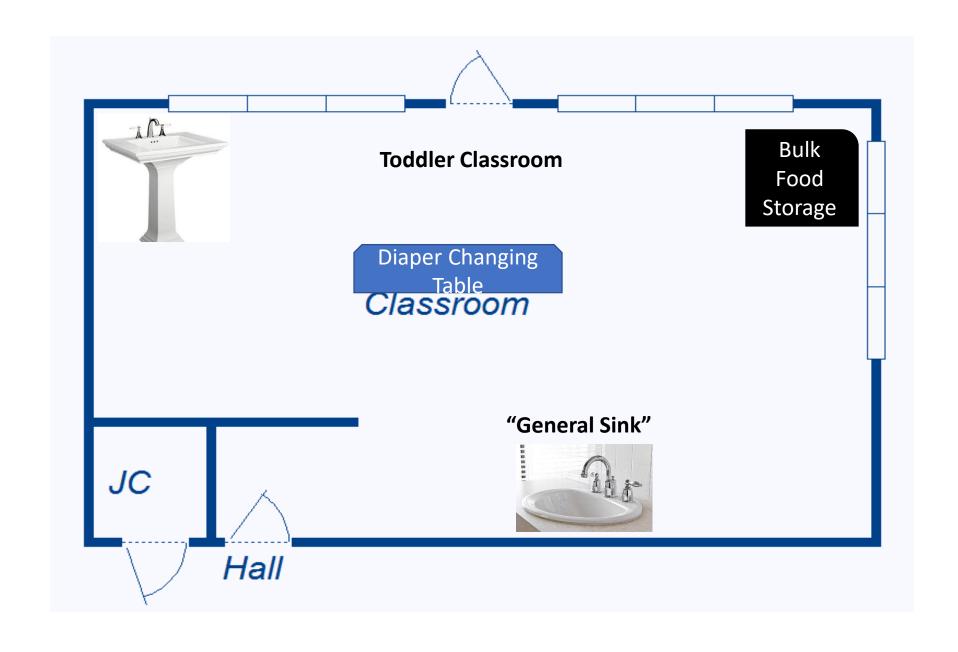




Classroom









Diaper Changing Table





3 yr old Classroom Food Prep area







Bulk Food Storage area

Pre-K #2 Classroom

Special Needs Classrooms

