

# Learning Guide

## *CIT Distance Learning FPF Introductory Topics & Rules*

**Instructions: Fill in the blanks for each item below using the presentations and supporting documents from the CIT Distance Learning Module.**

### North Carolina General Statutes

- Regulatory authority includes \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, NC Food Code Manual, Memos, and Position Statements.
- A private club must meet four criteria:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
- A temporary food establishment permit can be issued for up to \_\_\_\_\_ days in one location, with a one-time extension of up to \_\_\_\_\_ days.
- Name five exemptions that are listed under G.S. 130A-250:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_
- List five legal remedies found under G.S. 130A-17 through 130A-24:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
  5. \_\_\_\_\_

### Lodging

- *Rules Governing the Sanitation of Lodging Establishments* 15A NCAC 18A .1800
- A Bed & Breakfast Home can have a maximum of \_\_\_\_\_ guest rooms. A Bed & Breakfast Inn can have at least \_\_\_\_\_ but not more than \_\_\_\_\_ guest rooms.
- Furnishings include:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- Guests can/cannot scoop ice from a facility's ice machine to fill a personal cooler. (circle one)
- In a Bed & Breakfast, a dishmachine must have a \_\_\_\_\_ option if it will be used to sanitize \_\_\_\_\_ utensils.
- \_\_\_\_\_ in guest rooms must be \_\_\_\_\_ before washing multi-use utensils.
- Sanitizing is/is not required for eating and drinking utensils provided in guest rooms. (circle one)

- In areas where clean and soiled linens are handled, a \_\_\_\_\_ or an \_\_\_\_\_ is required.
- Light intensity of at least \_\_\_\_\_ foot-candles at \_\_\_\_\_ inches above the floor is required in areas used for:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_
- The upper sheet must be folded over bed cover at top end at least \_\_\_\_\_ inches if bed covers are not \_\_\_\_\_.
- Carts used for \_\_\_\_\_ must be labeled or identified.
- A lodging facility can/cannot obtain a transitional permit. (circle one)

## Institutions

- *Rules Governing the Sanitation of Hospitals, Nursing Homes, Adult Care Homes, and other Institutions* 15A NCAC 18A .1300
- Facilities are licensed by the \_\_\_\_\_.
- Environmental Health does/does not issue a permit to an institution. (circle one)
- If an institution or institution's dietary kitchen fails to score at least a 70%, the REHS must notify the licensing agency within \_\_\_\_\_ hours of completing the inspection. A copy of the report must be provided to the licensing agency within \_\_\_\_\_ days from the date of the inspection.
- Ambient indoor air temperature must be maintained at or below \_\_\_\_\_ °F.
- Bedpans, bedside commodes, urinals, and emesis basins must be \_\_\_\_\_ if reused by an individual resident.
- Handwashing facilities in resident rooms can/cannot be used to rinse feeding tubes. (circle one)
- Bathing equipment that has contact with a resident's skin and is used by more than one resident shall be kept \_\_\_\_\_ and \_\_\_\_\_ between resident uses.
- Hot water shall be provided between \_\_\_\_\_ °F and \_\_\_\_\_ °F at handwashing and bathing facilities.
- The licensing agency & health department must be notified if the water supply is interrupted for more than \_\_\_\_\_ hours.
- For a backup water supply, at least \_\_\_\_\_ liters of potable water per day, per resident and employee shall be provided for drinking.
- Furnishings include:
  1. \_\_\_\_\_
  2. \_\_\_\_\_ / \_\_\_\_\_
  3. \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_
- Wheelchairs, walkers, and lifts must be \_\_\_\_\_ between uses by different residents.
- Food brought from home by employees or visitors:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- Written procedures are/are not required when Time as a Public Health Control (TPHC) is used for TCS foods. (circle one)

## **Local Confinement**

- *Rules Governing the Sanitation of Local Confinement Facilities* 15A NCAC 18A .1500
- Licensing agency is NC Division of \_\_\_\_\_.
- EH does/does not issue a permit. (circle one)
- Inspection conducted \_\_\_\_\_ per year.
- Each \_\_\_\_\_ provided with a toilet and handwashing facility.
- Each \_\_\_\_\_ provided with bathing facilities.
- Potentially hazardous foods are required to be held at \_\_\_\_\_°F or below, or \_\_\_\_\_°F or above.
- A food-stem thermometer is/is not required for checking food temperatures. (circle one)

## **Residential Care Facilities**

- *Rules Governing the Sanitation of Residential Care Facilities* 15A NCAC 18A .1600
- License or certificate obtained from NC Division of \_\_\_\_\_.
- EH does/does not issue a permit. (circle one)
- Inspection once per year \_\_\_\_\_ prior to \_\_\_\_\_ of facility license.
- If dangerous conditions are found, \_\_\_\_\_ notify agency responsible for the facility by phone or other direct means.
- Re-inspection within \_\_\_\_\_ days after request from manger to improve classification.
- \_\_\_\_\_ classification cannot exceed seven days, unless an extended period granted for construction or renovation.
- Soap and \_\_\_\_\_ provided.
- A three-compartment sink is/is not required for warewashing. (circle one)
- Sanitizing of multi-use utensils is/is not required. (circle one)
- \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and other hazardous products shall be properly stored as required.

## **Adult Day Service Facilities**

- *Rules Governing the Sanitation of Adult Day Service Facilities* 15A NCAC 18A .3300
- License or certificate obtained from NC Division of \_\_\_\_\_.
- EH does/does not issue a permit. (circle one)
- Unannounced inspection \_\_\_\_\_ per year.
- Verbal contact within \_\_\_\_\_ hours to the license agency/certifying agency if dangerous conditions exist, inspection report sent to agency within \_\_\_\_\_ working days documenting the hazardous conditions.
- Hot water requirement of \_\_\_\_\_°F - \_\_\_\_\_°F in areas accessible to participants.
- Clothes changing area surfaces sanitized using \_\_\_\_\_ ppm chlorine solution.
- Rooms used by participants maintained at a temperature of \_\_\_\_\_°F - \_\_\_\_\_°F.
- List four instances when participants must wash their hands:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_

4. \_\_\_\_\_

### **Summer Camps**

- *Rules Governing the Sanitation of Summer Camps* 15A NCAC 18A .1000
- A Summer Camp provides food \_\_\_\_\_ lodging accommodations to participants.
- A Transitional Permit expires \_\_\_\_\_ days from issuance when a change of ownership occurs.
- Unannounced re-inspection within \_\_\_\_\_ days after request of operator (to raise a letter grade)
- Camp beds spaced to provide at least \_\_\_\_\_ inches between beds, at least \_\_\_\_\_ feet between camper heads.
- Warewashing equipment required/not required to meet .2600 Rules. (circle one)
- Potentially hazardous foods are required to be held at \_\_\_\_\_ °F or below, or \_\_\_\_\_ °F or above.
- A thermometer is required in each \_\_\_\_\_ where is can be easily read.

### **Primitive Camps**

- *Rules Governing the Sanitation of Primitive Camps* 15A NCAC 18A .3500
- A Primitive Experience Camp is/is not serviced by a public electrical service provider (circle one)
- Provides overnight outdoor primitive camping for \_\_\_\_\_ consecutive hours or more per week
- A \_\_\_\_\_ permit **and** an \_\_\_\_\_ permit are issued by EH prior to operation.
- Plan of operation submitted to EH at least \_\_\_\_\_ days prior to permitting.
- Seasonal permit application submitted to EH at least \_\_\_\_\_ days prior to opening.
- Transitional Permits can/cannot be issued. (circle one)
- Bacteriological samples for on-site water supply submitted \_\_\_\_\_ days prior to operation.
- Inspections: Once per season if operating \_\_\_\_\_ than 6 months, once each six-month period if operating \_\_\_\_\_ than six months.
- When treating off-site drinking water:
  1. Boil water for at least \_\_\_\_\_ minutes,
  2. Filter to remove \_\_\_\_\_ and \_\_\_\_\_,
  3. Treated with a least \_\_\_\_\_ ppm free chlorine residual for at least \_\_\_\_\_ minutes, OR
  4. A minimum of \_\_\_\_\_ drops of 2% tincture \_\_\_\_\_ per liter of water.
  5. If using tablets, follow manufacturer's instructions in addition to \_\_\_\_\_ or \_\_\_\_\_.

### **Resident Camps**

- *Rules Governing the Sanitation of Resident Camps* 15A NCAC 18A .3600
- A Resident Camp provides food \_\_\_\_\_ lodging for \_\_\_\_\_ consecutive hours or more per week.
- Limited Resident Camp limited to \_\_\_\_\_ campers and staff per session.
- Prior to opening, operators must provide written documentation to the Health Department that:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- Seasonal application submitted EH \_\_\_\_\_ days prior to opening.
- Water sample collected \_\_\_\_\_ days prior to opening.

- Inspections: Once per season if operating less than \_\_\_\_\_ months, once per six-month period if operating more than \_\_\_\_\_ months.
- Camp beds spaced to provide at least \_\_\_\_\_ inches between beds, at least \_\_\_\_\_ feet between camper heads.
- Toilets provided at a minimum of one toilet per \_\_\_\_\_ campers and staff, \_\_\_\_\_ required seats for males for each urinal.
- Potentially hazardous foods held at \_\_\_\_\_ °F or below and \_\_\_\_\_ °F or above (except roast beef).
- For manual warewashing of multi-use utensils, at least a \_\_\_\_\_ compartment sink is required.
- Adequate hot water provided:
  - At least \_\_\_\_\_ °F when chemicals used for sanitizing.
  - At least \_\_\_\_\_ °F when hot water used for sanitizing.

### **Foodborne Illnesses**

- Sources, symptoms, and preventive measures for each illness.
- Key concepts of three-legged stool; they are \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

### **Mass Gathering**

- Congregation of more than \_\_\_\_\_ people more than \_\_\_\_\_ hours.
- Application required at least \_\_\_\_\_ days before event.
- Inspection conducted \_\_\_\_\_ days prior to event.
- Activity and camping areas not within \_\_\_\_\_ feet of any residence unless occupant or owner has signed a written waiver that has been \_\_\_\_\_.
- Parking spaces provided on a basis of \_\_\_\_\_ space for every \_\_\_\_\_ persons expected.
- Water supply provided:
  - \_\_\_\_\_ gallons person per day for drinking/washing
  - \_\_\_\_\_ gallons per person per day for drinking/washing/bathing
- Water hauled from off-site and stored in tanks; tanks cleaned/sanitized using \_\_\_\_\_ ppm chlorine for at least \_\_\_\_\_ hours.
- Post gathering cleanup required within \_\_\_\_\_ week after gathering.

### **Migrant Housing**

- NC Department of \_\_\_\_\_ conducts annual housing registration, inspection, and compliance program for migrant housing.
- Environmental Health inspects:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- Application for inspection submitted to NCDOL within \_\_\_\_\_ days of occupancy.
- EH submits the form entitled \_\_\_\_\_ detailing the findings on the inspection (for each housing unit inspected).

## .1700 Rules

- The setback for a well constructed on or after \_\_\_\_\_, \_\_\_\_\_ is 100 feet from a septic tank or nitrification field.
- The well casing must terminate at least \_\_\_\_\_ inches above the land surface if constructed after July 1, 1993 and must terminate at least \_\_\_\_\_ inches above the land surface if constructed before July 1, 1993.
- For wells constructed after July 1, 1993, a hose bib must be provided with \_\_\_\_\_ device for obtaining water samples.
- What are three requirements for a concrete slab around the well head?
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- When disinfecting a water supply, a chlorine residual of at least \_\_\_\_\_ mg/l should be placed in the water supply for at least \_\_\_\_\_ hours.
- \_\_\_\_\_ consecutive bacteriological water samples must be taken at least \_\_\_\_\_ hours apart when:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- Confirmation of fecal coliform bacteria in the water supply is deemed an \_\_\_\_\_. Confirmation of total coliform bacteria in the water supply is deemed \_\_\_\_\_.
- When confirmation of fecal coliform bacteria, issue an immediate suspension/intent to suspend. (circle one)
- UV light can/cannot be used for continuous disinfection. (circle one)

**Please submit this learning guide with your CIT packet**